

INNOVATIVE BREAKFAST PROGRAM IS A HIT WITH STUDENTS AT MSAD 60!



With a breakfast program already in place, students at MSAD 60 were still going to classes hungry. The School Nurse felt that most of the morning ailments she treated – headaches and stomachaches – were a result of a lack of food. Students communicated that late buses and the location of the cafeteria, lockers and classrooms played into whether or not they were able to get breakfast in the morning. Armed with this information, Foodservice Director Lynnette Harriman and her staff went to the principal with their concerns.



They suggested bringing breakfast *to* the students by using a breakfast cart! Being concerned with the students' needs and supportive of the foodservice program, the principal recommended bringing the breakfast cart to each classroom. So that's what they did. If a teacher wanted the breakfast cart to visit their classroom, they placed a sign on the door. The cart was instantly popular and breakfast counts were soaring!

Six years later, the breakfast cart has remained a hit with an increase of nearly 500% in breakfasts served! Acknowledging this success, in the Fall of 2000, the School Nutrition Program for MSAD 60 won USDA's Northeast Regional Best Practices Award for Innovative Cafeteria Practices!

Although the teachers were at first concerned that the breakfast cart would be disruptive, it has proved otherwise. Here are just two examples of the many, positive teacher quotes:

"The cart has had a positive influence on these students and their work has shown improvement."

"The breakfast cart program is such a positive aspect of our mornings here at Noble; both my sophomores and seniors alike truly wait in anticipation for the welcomed breakfast foods. They settle down politely after purchasing their goodies."

